



Bachelor of Social Sciences (Honours) in Psychology

Department of Psychology

The Education University of Hong Kong

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Psychological Society)
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INTRODUCTION TO THE DEPARTMENT OF PSYCHOLOGY



Link: https://www.youtube.com/watch?v= c0ZBKpTbtE



ARE YOU INTERESTED IN STUDYING PSYCHOLOGY? ARE YOU INTERESTED IN BECOMING A PSYCHOLOGIST?

- + Are you interested in people?
- Do you want to understand people?
- + Do you want to help people?
- Do you have a scientific mind?





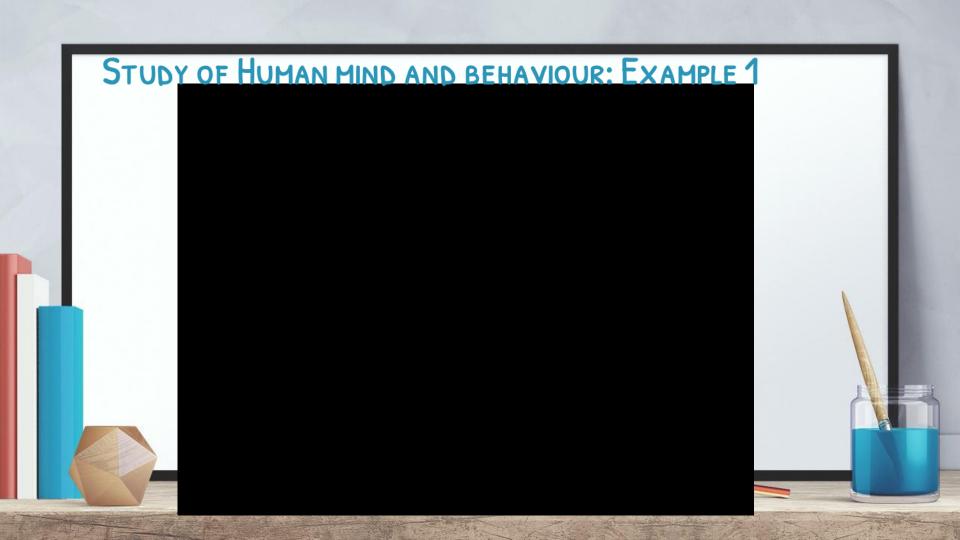




What is Psychology

Psychology is both an applied and basic science that concerns the human mind and behavior. Within psychology itself, there are various topics; for example, sensation and perception, consciousness, human development, learning and memory, language and cognition, motivation and emotion, personality, intelligence, abnormal psychology, psychotherapy and intervention etc. Psychology is a very diverse and holistic discipline in modern social science in applying scientific evidence to explain various aspects of human mentality and activities. Psychology involves a whole spectrum of human activity from schooling to enhancing an employee's productivity in international organizations. Applications of psychology include assessment, psychotherapy, counseling, performance enhancement, and many other areas to improve an individual's psychological well-being.

- ⇒ Understand behaviors, feelings, and thoughts of people
- ⇒ Promote well-being of people



STUDY OF HUMAN MIND AND BEHAVIOUR: EXAMPLE 1 SELECTIVE ATTENTION

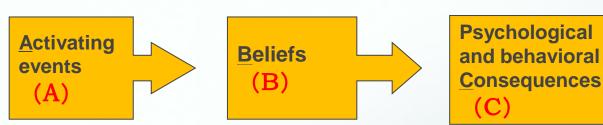
- + The capacity of our brains to take care of everything around us is very limited, so it is impossible for us to pay attention to each of these sensory experiences.
- + Therefore, while our brain focuses our attention on some important elements of our environment, it puts all other stimuli in the background.

STUDY OF HUMAN MIND AND BEHAVIOUR: EXAMPLE 2



- + Imagine that you are walking alone on the street:
 - + What are you thinking of?
 - + How do you feel?

STUDY OF HUMAN MIND AND BEHAVIOUR: EXAMPLE 2 ABC MODEL (ELLIS, 2000)



iduced event,





+ Our emotions are not caused by an induced event, but by our interpretation and evaluation of the event.



WHAT DO PSYCHOLOGISTS DO?

- + Here are just some examples:
 - + Clinical psychologist
 - + Provide psychological assessment and intervention
 - + Educational psychologist
 - + Design curriculum, enhance learning motivation of students
 - + Counselling psychologist
 - + Provide therapeutic guidance on wellbeing and growth
 - + Industrial-organizational psychologist
 - + Provide staff training and development for an organization

So, Psychologists help deal with practical problems such as

- + Helping alleviate educational problems
- + Helping people overcome depression, stress, or trauma
- + Reducing the effect of parental divorce on children
- + Helping people to deal with addictions
- + Speeding up recovery from brain injury
- + Helping to stop or prevent bullying at school
- + Helping people to be happy at work and perform well
- + Helping athletes to perform better...

Bachelor of Social Sciences (Honours) in Psychology

心理學榮譽社會科學學士

Four-year Full-time (First Year Entry) / Two-year Full-time (Senior Year Entry)

Medium of Instruction: English



Offers the **first step** towards being a **professional psychologist**

Areas of Concentration

- Health Psychology
- School Psychology
- Human Relations and Communication





PROGRAMME INTENDED LEARNING OUTCOMES

Graduates can competently integrate the science and application of psychology, and can implement evidence-based practice:

- 1. Demonstrate professional knowledge of the major principles/theories of psychology
- Apply major psychological principles/theories to analyze human behaviours in real life situations
- Utilize major psychological principles/theories innovatively and responsibly to address issues locally as well as globally

- 4. Evaluate research evidence using scientific principles and ethical standards
- 5. Design and carry out
 psychological research
 professionally and ethically to
 create new knowledge and
 insights relevant to the needs of
 Hong Kong and beyond



PROGRAMME STRUCTURE*

(FIRST-YEAR ENTRY: 4-YEAR PROGRAM)

Major (60cps)

Foundation and Core Courses (including Major Interdisciplinary course* & Cross-Faculty Core Course*)

(30cps) (10 courses)

Major Electives

(21cps) (7 courses) Research Internship / Industrial Internship

(3cps) (1 course)

Final Year Project

(6cps)

(2 courses)

Total: 121 credit points (cps)

- *The programme structure is subject to change.
- ^ including GBA visit(s)

Electives

(30cps, 10 courses)

General Education

(22cps,

8 courses + ePortfolio)

Enhancement (English and Chinese)

(9cps, 3 courses)

Programme structure*

(SENIOR-YEAR ENTRY: 2-YEAR PROGRAM)

Major (39cps)

Total: 60 credit points (cps)

*The programme structure is subject to change.

^ including GBA visit(s)

Foundation and **Core Courses** (including Major Interdisciplinary Course[^] & **Cross-Faculty** Core Course^)

> (27cps) (9 courses)

Major **Electives**

(3cps) (1 course)

Research Internship Industrial Internship

(3cps) (1 course)

Final Year Project

(6cps) (2 courses)

Electives

(15cps, 5 courses)

General Education

(6cps, 2 courses)



FOUNDATION & CORE COURSES (FIRST-YEAR ENTRY: 4-YEAR PROGRAM)

Basic Principles of Psychology

Human Development across the Lifespan

Social Psychology

Biological Psychology

Cognitive Psychology



Counselling and Guidance (Major IC)*

Cross-Faculty Core Course*

Statistical Methods in Psychology I & II

Personality Psychology

*with GBA field trip(s)

FOUNDATION & CORE COURSES

(SENIOR-YEAR ENTRY: 2-YEAR PROGRAM)

Human Development across the Lifespan

Biological Psychology

Cognitive Psychology

Social Psychology

Counselling and Guidance (Major IC)*

Cross-Faculty Core Course*

Statistical Methods in Psychology I & II

Personality Psychology



Unique areas of concentration

School Psychology

Health Psychology Human Relations & Communication

Compulsory courses (6 cps)							
1.	Professional Issues and Practices in Psychology						
2. Educational Psychology Health Psychology Interpersonal Communication							
	Choose THREE of the following concentration-related courses (9 cps)						
1.	Child and Adolescent Psychopathology	Abnormal Psychology	Cross-cultural Psychology				
2.	Stress and Coping	Stress and Coping	Stress and Coping				
3.	Psychology of Language	Neuroscience and Psychology	Multicultural Minds in Communication				
4.	Learning Theories and Processes	Theory and Practice of Psychotherapy	Industrial and Organizational Psychology				

Concentration-related Internship (3 cps) – Research Internship (RI) / Industrial Internship (II)

Concentration-related Final Year Project (3 cps) – Honours Project (HP) / Capstone Project (CP)

Some of our Internship Partners







香港童軍總會 Scout Association of Hong Kong







東華三院力勤幼稚園 TWGHs Nickon Kindergarten



PEACE GENERATION 和平世代















EXPERIENTIAL LEARNING ACTIVITIES

- + Student Exchange Programmes
 - + Australia, Germany, UK, Korea, Sweden, Norway, Spain, Taiwan, Mainland, Netherlands, USA
- + Summer Programmes @ Partner Institutions
 - + Universities in Sweden, Korea, Finland, France, the Czech Republic
- + Psychology Carnival
- + Psychology Workshops/Seminar/Competition







SAMPLE WORK FROM STUDENTS

- + A music video made by our yr 3 students:
 - used AI generated tools to create a song in which psychological theory/knowledge was used to explain the topic "Haters"
 - https://www.youtube.com/watch?v=ZLFPBDYCN0k

What can you do with a psychology degree?

Professionals in

- Business sectors
- Social service sectors
- NGO
- e.g. marketing, customer service, human resources, education, and social welfare

Doctor of Philosophy in Psychology or related disciplines (e.g. Education)

Master of Philosophy in Psychology or related disciplines (e.g. Education)

> Research Track

Doctor of Psychology in

- Clinical Psychology
- Educational Psychology

Master of Social Sciences with specialization in:

- Clinical Psychology
- Counselling Psychology
- Educational Psychology
- Industrial-Organizational Psychology

Practitioner Track

Further studies

Promising careers

Bachelor of Social Sciences (Honours) in Psychology

(Qualifies graduate to apply for membership of The Hong Kong Psychological Society)





PROSPECTS

Employment Status	2021 Graduates (86.96% Response)	2022 Graduates (80.70% Response)	2023 Graduates (83.61% Response)	2024 Graduates (82.4% Response)
Employed FT	38 (63.3%)	29 (63.0%)	36 (70.6%)	25 (59.5%)
Self-employed	0 (0%)	2 (4.3%)	3 (5.9%)	3 (7.1%)
Employed PT	5 (8.3%)	4 (8.7%)	1 (2.0%)	0 (0%)
Further Studies	11 (18.3%)	6 (13.0%)	5 (9.8%)	7 (16.7%)
Job Seeking	3 (5.0%)	2 (4.3%)	1 (2.0%)	1 (2.4%)
Not seeking for employment	2 (3.3%)	2 (4.3%)	3 (5.9%)	4 (9.5%)
Having emigrated/ returned to home country	1 (1.7%)	1 (2.2%)	2 (3.9%)	2 (4.8%)



Name: Anson Chui

Year of Graduation: 2020

Further Study:

MSocSc in

Clinical Psychology(HKU)

Link: https://www.youtube.com/watch?v=EYDYP2ZGr4w

SHARING OF ALUMNI



Name: Asteria

Year of Graduation: 2021

Further Study:

MPhil in

I/O Psychology (CUHK)

Link: https://www.youtube.com/watch?v=z5Q1rBpmkpg

SHARING OF ALUMNI



Name: Winnie

Year of Graduation: 2021

Job:

Counselor for Refugees/ Ethnic Minorities

Link:

https://www.youtube.com/watch?v=N=leMrgoWxo&emb======<u>rening=un=https://s</u>A%

2F%2Fhubblecontent.osi.office.net%2F&source_ve_path=MjM4NTE

GENERAL ENTRANCE REQUIREMENTS

(FIRST-YEAR ENTRY: 4-YEAR PROGRAM)

Application on the Strength of HKDSE Results



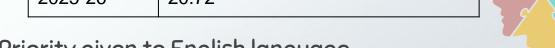
English Language	Level 3 or above
Chinese Language	Level 3 or above
Mathematics (Compulsory Part)	Level 2 or above
Citizenship and Social Development	Attained
2 Elective Subjects (no more than one Applied Learning subject, excluding Applied Learning Chinese)	Level 2 or above

Applied Learning subject (Category B) graded "Attained with Distinction / Attained with Distinction (I)/(II)" is accepted as one of the elective subjects

GENERAL ENTRANCE REQUIREMENTS - CONTINUED (FIRST-YEAR ENTRY: 4-YEAR PROGRAM)

- Admission in the past 3 years (for reference)
 - + Average of any Best 5 Subjects = 20-21

Cohort	Average of Best 5 Subjects
2023-24	20.52
2024-25	20.73
2025-26	20.72



+ Priority given to English language

JUPAS Application and Admission Figures (First-Year Entry: 4-Year Program)

202	3/24	2024/25		2025/26	
Applied*	Admitted	Applied*	Admitted	Applied*	Admitted
1,265	23	939	15	1145	18

^{*} Joint University Programmes Admission Systems (JUPAS) (Bands A & B)

GENERAL ENTRANCE REQUIREMENTS (SENIOR-YEAR ENTRY: 2-YEAR PROGRAM)



Associate Degree/Higher Diploma Final Year Students or Graduates

- Have possessed Associate Degree or Higher Diploma qualification awarded by recognised institutions with a good GPA or
- + attending final year of a recognised Associate Degree / Higher Diploma programme or equivalent (subject to successful completion of the programme by August with a good GPA)

Transfer Students

+ Applicants who are currently enrolled in a Bachelor's degree or higher degree programme at a recognised local or non-local university will be considered on an individual basis.

Please refer to the below website for more information.

https://www.apply.eduhk.hk/ug/senioryear

GENERAL ENTRANCE REQUIREMENTS - CONTINUED

- Interview (to be confirmed)
 - How you present yourself
 - + Motivation and interest
 - Logic in reasoning
 - Knowledge in psychology
 - + Confidence
 - + People skill...





Q & A ??



Please complete this survey to let us know your thoughts. Thank you!